THE BENTLEY BUGLE

COMMUNITY & CHURCH NEWS



ISSUE 79 FEBRUARY 2021 - MARCH 2021

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Copy for Apr 2021 - May 2021 should reach us by Friday 19th Mar.

THE BENTLEY BUGLE - COMMUNITY & CHURCH NEWS COORDINATORS

The Bentley Bugle is published and distributed bi-monthly on a voluntary basis for the benefit of the local Village and Church community. Information is published in good faith and we reserve the right to edit copy submitted. Errors and exceptions are regretted.

Advertising in these pages does not constitute a recommendation.

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COPY FOR THE APRIL 2021 - MAY 2021 ISSUE SHOULD REACH ROBIN OWEN BY FRIDAY 19TH MARCH. Copy can be submitted either on paper or electronically (preferred). Please try to ensure that any copy submitted electronically is in a standard format, e.g. DOC, .DOCX, .JPG, .PDF or .TXT, and the preferred font is Arial 14 pt.

We will always try to include copy that arrives after the published deadline subject to space and time constraints.

Please be aware that some of the companies with advertisements in this issue of the Bugle may not be back into full operation.

Please check with them before visiting

Cover Photo

Montage of photos of the Bentley Christmas Advent Window Trail.

Photos by Sue Telling. See article on page 7

BENTLEY DIRECTORY

DARTSH	DISTRICT	AND COUNTY	COLINCTIS
LAKTOII	DISTALL	AIID COUIT I	CODITCIES

Parish Council - Chair	Cllr	Marianne Munday	07808 259331
Parish Council - Clerk	Mrs	Joy Scott	01206 298174
Babergh District Councillor	Mr	David Busby	01473 311576
County Councillor	Mr	Gordon Jones	01206 262799

Police Community

Support Officers Stephen Cooper, Melissa Cohen 101

BENTLEY ORGANISATIONS AND CLUBS

Bentley Prim	ary School			
	lead Teacher)	Mrs Jo Austin	01473	310253
	Chair Governors)	Mr Simon Hurst	0 = 1,70	3-3-33
(-	onan Governors)	Simon.hurst@copdo	ck.suffo	lk.sch.uk
((Chair PTA)	Aimee Louis	07906	696454
	nunity Pub (The Case)	Mrs Kate Spicer	01473	314187
Bentley Com		Mr Ray Savage	01473	311122
	munity Stores	Mr Bob Feltwell	-	310182
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Footpath Soc		Mr John Wheals		310569
Footpath Wa Friends of St		Mr Tim Hamstead Mr David West		821594 327900
Horticultural		Mr John Blackmore		310655
Link Lunch G		Mrs Veronica Howe		3103344
	oddler Group	Mrs Pam Rayment		310283
Recorders	oddio: Group	Mrs Moira Usher	-	310322
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Tree Warder	1	Mr Colin Hawes		310678
Tuesday Clu		Mrs Veronica Howe	01473	310344
Village Hall -		Mr John Blackmore		310655
Village Histo	ry Recorder	Nicky Moxey		313125
Whist Club		Mrs Veronica Howe		310344
Womens Ins	titute	Mrs Sandra Ford	014/3	310072

ST MARY'S CHURCH, BENTLEY

Rector	Rev Annette Shannon	01473 807674
Benefice Administrator	Ms Hayley Purnell	07904 972116
Churchwarden	Mr Peter Day	01473 310518
Assistant Priest	Revd Don Mehen	01473 310383

BENTLEY BAPTIST CHURCH ADMIN.

07814 465222

Bentley Parish Council website is at http://www.bentleypc.onesuffolk.net
Other Village Web sites are listed on page 25



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A teddy bear is working on a building site. He goes for a tea break and when he returns he notices his pick has been stolen. The bear is angry and reports the theft to the foreman. The foreman grins at the bear and says "Oh, I forgot to tell you, today's the day the teddy bears have their picks nicked

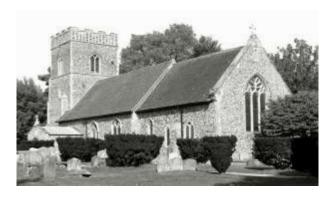
A HANGOVER IS THE WRATH OF GRAPES.

DOES THE NAME PAVLOV RING A BELL?

TIME FLIES LIKE AN ARROW. FRUIT FLIES LIKE A BANANA.

A CHICKEN CROSSING THE ROAD IS POULTRY IN MOTION.

IF YOU JUMPED OFF THE BRIDGE IN PARIS, YOU'D BE IN SEINE.





Services

Sadly in view of the current situation Bentley Church, with many others, is closed again for worship. Services are back on line to make sure that everyone is kept safe. Even with the vaccine roll out locally it will be some time before we can meet properly in church. Two vaccine doses, twelve weeks apart, are necessary to give good immunity and most the population needs to be vaccinated to help ensure 'herd immunity'.

The Rector – Rev Annette Shannon will be conducting a Zoom Communion service on Sunday mornings. If you would like to join us, either by video or phone please contact me (sandamehen@gmail.com) and I can send the logon codes.

There will also be Zoom evening services, if you would like to join us please contact me as, if I have your email address, I can add you to the invitation.

SERVICES IN FEBRUARY

7th	10.00 am	Zoom Communion Service	6.00 pm	Zoom Evening Service
14th	10.00 am	Zoom Communion Service	6.00 pm	Zoom Evening Service
21st	10.00 am	Zoom Communion Service	6.00 pm	Zoom Evening Service
28th	10.00 am	Zoom Communion Service	6.00 pm	Zoom Evening Service

SERVICES IN MARCH

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14th	10.00 am	Zoom Communion Service	6.00 pm Zoom Evening Service
21st	10.00 am	Zoom Communion Service	6.00 pm Zoom Evening Service
28th	10.00 am	Zoom Communion Service	6.00 pm Zoom Evening Service

It is very difficult to plan services too far ahead as it depends on many factors, including a large fall in infection rates nationwide and the number of people who have been vaccinated. Locally everyone has been very careful so far and we don't want to spoil things just when things are starting to feel a little more positive. We will do our best to keep you updated on when the church will be open for worship again and what events we may be able to hold later in the year.

St Mary's ChurchNews

Thank you to all those who were able to join us for the few services we were able to have in church in December and for maintaining social distancing. We are sorry that there were some who could not attend as we had to keep numbers low for the safety of everyone. Hopefully we will have a real celebration with singing and refreshments when we can worship properly again.

..........

West Villa - Once again very many thanks for your generosity this year the school, the village and the church worked together to show that even in difficult times there are many people who are willing to remember those less fortunate. We took a boot-load plus of Christmas gifts and goodies and they were very well received. We were able to take them in plenty of time for safe sorting and distribution. Hopefully we will be able to collect Easter Eggs between February 8th and March 8th so we can deliver some as usual to West Villa and ensure they know they are not forgotten.

Advent Windows - Very many thanks to Sue for organising the Advent Window trail round the village and for the creative way people used lights and decorations to create some stunning displays. It was lovely to see families walking round and spotting where the new ones were. It gave us all a great reason to walk round and discover a new window each day up to Christmas.

Just a thought - I am always amazed at how a day of sunshine lifts spirits and cheers us up even during lockdown. Many of us are very lucky and can stay home and keep safe but there are countless people who risk their lives each day to provide vital services. Whether it's deliveries of food, letters or parcels, bin collections, shop workers, carers, teachers or all hospital and medical staff, these and many more, are the people who desperately try to keep us fed and safe. They all deserve much more than a clap or thank you but just what is difficult to imagine. But perhaps the following benediction prayer will help us be positive through the coming weeks.

Go forth into the world in peace; be of good courage; hold fast that which is good; render to no one evil for evil; strengthen the fainthearted; support the weak; help the afflicted; honour all people; love and serve the Lord, rejoicing in the power of the Holy Spirit. Amen.

Contact Details for weddings, baptisms and funeral or other queries

Rector - Rev Annette Shannon – 807674 Church Warden – Peter Day - 310518 Assistant Priest – Rev Don Mehen – 310383 Administrator – Hayley Purnell northsamfordbenefice@gmail.com or 07713 863 023

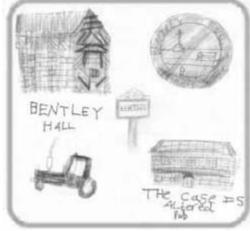
LINK LUNCH CLUB

As the prospect of Link Lunches being held at present are very low we decided to donate the funds we had in hand to the following charities:- West Villa £180.00 and F.I.N.D £180.00 thanks to your support and generosity.

We hope if there is enough support we may be able to re-start in September. Meanwhile keep well and safe.

Veronica Howe





By the time you read this, fingers crossed the consultation period for our environmental assessment scope will be past, with nothing untoward coming up. As I write it, the SEA team's work on the report itself is well underway; unless they find something unexpected, we should still be in time to submit the Plan to Babergh and hold the referendum on the earliest

legal date, which is currently early May.

Of course there is no guarantee that the virus doesn't scupper that date too (especially as the Prime Minister is currently adamant that it is set in stone...); but we intend to be ready to roll as soon as we can!

Watch this space. ©

Nicky Moxey

Chair, Bentley Neighbourhood Plan team

BENTLEY HORTICULTURAL SOCIETY.

Unfortunately there is no indication at present when we will be able to meet but the speakers are all booked ready for the big day. I will shortly be arranging the speakers for 2022 - in hope and optimism that all be normal then.

I have several ideas for outings again waiting for the green light - being ever hopeful of a return to some normality.

Those people who were members in 2000 will have their membership renewed free of charge.

New members are always welcome please come and join us.

Pam Lovell



BENTLEY CARPET BOWLS

We would like to wish all our fellow bowlers a very Healthy, Happy New Year.

It is very difficult to think of something to write about in these most unusual of circumstances. As I was taking

my daily exercise, I was thinking about what I missed about bowling.

The following things came to mind:

The comradeship

The gentle exercise

The skip sending down the following message, although you thought you had bowled a brilliant brown bowl "it's Cilla Black"

An extra heavy shot to be told "it is on its way to Tattingstone"

The odd rude word usually in code e.g. "Rhubarb, radishes etc"

The tea, biscuits and natter halfway through a roll up.

Our in club competitions including a lunch.

The league competitions meeting up with old friends and socialising enjoying light refreshments after the games and sometimes liquorice all sorts during the matches.

The Charity Matches held around Suffolk trying your bowling skills against County Players.

These are just a few things that I brought to mind and if there is anybody out there who, when normality returns, would like to join us we are always looking for new members and we are a very friendly bunch.

Looking forward to when we all meet again.

Jill Mills

Bentley Carpet Bowls Committee.

NHS IPSWICH AND EAST SUFFOLK CLINICAL COMMISSIONING GROUP

We are seeking volunteers to act as stewards at the local vaccination centres across Suffolk which will be open seven days a week 8 a.m. to 8 p.m.

People of all ages 18+ are encouraged to apply and we'll provide all the necessary training and PPE to keep you safe. The hours available are flexible and you don't need to have had any previous experience of working in health care.

This is a genuine opportunity to play a part in protecting the health of the local community.

Additionally, there are a number of paid-for positions which could suit those who have some health care experience.

Anyone in interested should email epunft.recruitment.covid-19@nhs.net

BENTLEY Bluebells W.I.

Happy New Year, to all our members and friends.

Here's hoping that this will be the last lockup, sorry lockdown, before we have our jabs and can start behaving normally again.

Thanks to the Committee we all enjoyed a Christmas box filled with delicious goodies to unwrap and feast on. Let's hope we don't have to do the same at Easter, but don't hold your breath!

Several members went to Dodnash and planted a pear tree. This was donated by the Suffolk East WI federation to commemorate the 100th anniversary of the local group. It is I believe the first tree to be planted in the community orchard. (See photo on page 10 opposite)

Well keep smiling, (although I know the stiff upper lip makes it difficult) we will get through and we will meet again.

Theresa		

THE CHRISTMAS ADVENT WINDOW TRAIL

I run the Facebook page, Bentley (in Suffolk) Community Page and came up with the idea of Advent windows, given we all need a little brightening up. I put this to the community page, for a request of 24 homes to offer to individually decorate a window or a garden display in the theme of an Advent Calendar. The request went also beyond Facebook as not everyone has this social media platform, through word of mouth and I was contacted by a resounding 24 homes who were interested in taking part.

I gave each home a number to correspond with a day in December and it was their choice on what to do, all they need to be was to be ready for the day allocated and reveal!! I mapped out a route around the village so those who wished to walk it could and those who were unable to get out could view the windows on the Facebook page ensuring that everyone in the village could be included. The maps were available on line and at the community shop. The ending day was 24th, Christmas Eve, which ended at the Church and the opportunity to place a memory on the tree in the porch as well as look at the nativity display that was part of the Advent Window trail. (See cover photos and page 10)

I would like to say thank you to all those who took part in whatever way and for all the kind comments made about how lovely our community is, how this has made a difference to so many people by having a focus to get out and see the next display or viewing them on line. I have really enjoyed arranging it and also designing my own window, it took my mind off the Covid situation for a while, which when working in the NHS is not a bad thing as you can imagine.

Sue Telling



Bentley Bluebells WI plant a Pear Tree at Dodnash. See article page 9.





BENTLEY PARISH COUNCIL

Chair – Cllr M Munday Bentley Parish Council

Mrs J Scott
Clerk – Bentley Parish Council
Telephone: 01206 298174
e- mail:joyvscott@outlook.com

BENTLEY PARISH COUNCIL MEETING TOOK PLACE REMOTELY AT 7.30 PM ON THURSDAY 7TH JANUARY 2021

Nine Councillors, County Councillor G Jones, District Councillor D Busby, Tree Warden & Footpath Warden were present.

There were no apologies for absence.

County Councillor Jones and District Councillor Busby's Reports are displayed on the Parish Council Website.

Planning - One planning decision was received. – Reserved matters have been approved.

One Planning application was discussed – Tree Warden was delegated to look at the oak and his comments sent to Babergh. Discharge of Conditions & Application for a non material application relating to B/17/00003 were discussed.

Reports were received from the Tree Warden, Capel Library (closed until further notice) and Bentley Long Barn.

Matters discussed

- Provision of dog bin at Potash Lane: Awaiting confirmation from Babergh.
- Precept: No change set at £14,500.
- To instruct SALC to carry out audit for end of year accounts 2020/21.
- The Clerk was appointed as Responsible Financial Officer.
- Joint Local Plan Places4People have been commissioned to represent Bentley PC at the hearing.
- Grit bins Should be filled this coming week.
- Traffic Calming SID poles These are now high priority three new poles are to be installed with one pole extension.
- Road markings Worn out road markings at Bergholt Road junction County Councillor Jones is onside – the large pothole has now been filled.

Continued on Page 12.....

......Continued from Page 11

- Concerns were expressed about walkers wearing black and using earphones when walking at dusk.
- Speedwatch has been out at least once since the last meeting new equipment seems to have performed okay.
- Quiet Lanes SCC have increased the Quiet Lanes budget by £50K as there had been a 50% greater take up than originally envisaged. Proposal of Designation notice will be issued by Suffolk County Council – displayed in the village and in the EADT with 21 days to make representation to SCC, who will make the final decision.
- Update on the Neighbourhood Plan. Waiting for Strategic Environmental Assessment. It is hoped that the referendum will be able to take place in May.
- Playing Field Society Only 10 responses received to notice re equipment on Playing Field - the notice is to be displayed again on Facebook. Discussion took place on the state of the field. Only place not flooded is the playing pitch.

The meeting closed at 9.22 p.m. Full draft minutes will be available on the P C website - www.bentleypc.onesuffolk.net.





Notice to walkers Be Safe and Seen





Bentley Parish Council would urge walkers (and joggers and cyclists) to wear High Visibility or bright clothing when exercising on roads around the village to ensure you are seen by drivers.

Please also avoid the use of headphones so you can be aware of approaching traffic.

Joy Scott (Clerk) joyvscott@outlook.com

As well as publishing information in the Bugle, the Parish Council website is updated regularly with important notices and local news items - www.bentleypc.onesuffolk.net.

and notices are also put on Bentley's Community Facebook page - Bentley (in Suffolk) Community Page





Wildlife Losses and Wins - The Last 30 Years in Bentley

Bentley is blessed with a large area of countryside, and a wide range of habitats for wildlife, including ancient and managed woodland, arable and pastureland, ponds and streams and with extensive footpaths to explore them. Gardens contribute, and many of our residents are interested in adding to wildlife habitat and encouraging garden visitors.

Over the last 30 years David Howe and I have documented 111 species of bird, in Bentley and I have seen 23 species of terrestrial mammal, and at least 7 bat species have been recorded. These are among the more obvious and attractive wildlife species, but there is a great catalogue of botanical interest and smaller animal wildlife. Bentley Old Hall wood was the favourite stamping group of the founder of the Suffolk Naturalist Society, Claude Morley, and his records there contributed greatly to Suffolk County reference data. Bentley is a particular stronghold of the Hazel dormouse, which relishes mixed woodland, hedge corridors and Hazel as a food plant.

Over the last 30 years there have been some significant changes in birdlife. Among woodland birds, Willow warblers have been lost as a breeding species, although when I first came they competed in numbers with Chiff-chaffs in Spring. This is a part of a national trend, probably associated with climate change. Turtle Doves regularly contributed their purring song in high Summer, and have almost completely gone, as part of a multifactorial national trend. Other birds have changed their pattern of behaviour. House sparrows have retreated from being widespread in the countryside, to being concentrated near the village centre. This possibly relates to less availability of insects, which are essential to feeding nestlings, in arable fields, and probably less spilled grain to feed on in winter stubble. Nightingales have also retreated in range, in part probably because of the increase in deer numbers, which suppress the understory habitat in woodland, which they need for nesting. Little Owls are less numerous as are Swifts, Spotted flycatchers, Greenfinches and Grey partridges.

Otherwise there have been some positive changes. No-one can have missed the return of Buzzards in good numbers following the ban on persecution of raptors. More recently **Red kites** have put in an appearance as they spread West, having been introduced in the Chilterns and elsewhere, and been encouraged by garden feeding. Locally on the Stour Estuary, white Little Egrets have become established as breeding birds, and can be seen in double digit numbers on the estuary, and occasionally overflying Bentley. Some birds have benefitted from garden feeding, notably the brightly coloured Goldfinch. A number of smaller species such as Goldcrest and Wren have benefitted from warmer winters and numbers have held up or increased. Barn Owls have benefitted from nest boxes as part of breeding programmes.

Mammal species have varied. Fallow deer numbers increased massively in numbers, but have recently been checked by culling. Roadkill observation would suggest that Muntjac, Badger and Fox numbers remain healthy. Hares numbers have been variable. Most recently they have diminished probably as a result of disease. The rabbit population waxes and wanes, and they are still subject to outbreaks of myxomatosis. Hedgehogs numbers have greatly diminished widely, but still hang on in the village centre. They again benefit from sympathetic gardeners, allowing access between gardens, and sufficient nooks and crannies to allow hibernation and encourage food insects, slugs and worms.

Among insects the magnificent Stag beetle is a local speciality. Very encouraging to me has been the return of beautiful butterfly species – **White admirals** and Silver-washed fritillaries, which are now seen in local woods in Summer, and less easily seen Purple and White-letter hairstreaks. Other more common species are an adornment to gardens, and benefit from nectar bearing plants, which we have been encouraged to grow and a reduction in agricultural pesticides, which also may allow for the return of Glow worms which have almost vanished.

Noticing and keeping records of the comings and goings of wildlife adds our interest in the countryside which we have the privilege of living in, and can contribute to the wider knowledge of wildlife by entering our observations into websites such as the Garden bird and butterfly counts.

We can all do our bit with sympathetic gardening, including allowing some wilder corners, feeding birds and nectar rich flowers. Nest boxes can give a delightful chance to see breeding birds at close quarters, and it is to be hoped that new built houses can allow provision for species losing nesting sites such as Swifts.

Bentley is largely a wildlife- friendly place and we are all the better for it. Staying close to home in the Covid outbreak has allowed many of us to take a closer look and appreciate it all the more.

Michael Bamford



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Thursday	9:00	_	7:30
Friday	9:00	_	5:30
Saturday	9:00	_	4:30

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NOTES FROM THE CASE Suffolk's first Co-operative Pub!

Tel. 01473 805575. www.thecasepubbentley.co.uk

https://www.facebook.com/TheCaseBentley

Email: savethecase.bentley@gmail.com

Despite our best hopes for Christmas and the New Year sadly due to the ever changing Covid restrictions and Tiers, as we're sure you are aware, the Case has not been able to open its doors since early November and the beginning of Lockdown Number 2. My, that does seem like a very long time ago! Now in the midst of Lockdown Number 3 with off-sales only permissible through home deliveries, we have had to continue to remain closed and, like most other pubs, will be for the foreseeable future, and probably for the rest of dark winter months ahead.

Of course with the new vaccine being introduced fairly quickly, hopefully there is a glimmer of light ahead. Optimistically there is already some talk within the hospitality industry that hope for a new kind of normality may return by late spring / early summer. Perhaps we can look forward to opening our doors (or at least garden) to our loyal customers in early May? Who knows? We shall just have to wait and see.

Of course during this time the pub has not been completely locked up and forgotten all together. Maintenance work has continued, especially regular checking of the beer lines and cellar equipment, so when we are able to reopen we can offer our beer in it's usual excellent condition. The electrics within the pub are still being upgraded and discussions have already started on new windows for the garden room and replacement guttering for the main building. The garden continues to be tended by our stalwart volunteers and the gutters are almost empty of leaves and mega acorns. For those of you on Facebook, 'Lockdown Open Mic at The Case is Altered' has continued every month and is well worth searching for. Recent bad weather has meant we had to remove our smaller marquees but the larger one has, so far, been able to with stand all that the weather has thrown at it!

We didn't let the festive season go by without some recognition and you may have noticed that the Case took part in the village 'Advent Window Trial'. This was great fun to do and helped to increase the already strong community feeling within the village. We were so pleased to be invited to join in. As normal we erected and decorated a large Christmas tree at the front of the pub and although we might be biased it did seem to brighten even the coldest of nights as you entered the village.

Finally we'd like to say again a special thank you to all those who have kept The Case going during the last 11 months of change, challenge and uncertainty. We know that when the time and situation is right, we will eventually open our doors and will welcome back all our wonderful volunteers, customers, shareholders and all those who have continued to support us during these disturbing times.

Stay safe and healthy.

BENTLEY STORES, OUR VILLAGE COMMUNITY SHOP.

It is worth repeating Steph's post on Facebook recently.

Morning!

our many buyers.

I'm so lucky to live in a village with a Community shop (and pub when it's allowed to open!)

The shop has been a lifeline to the elderly and vulnerable during COVID, not just for essentials so they don't have to travel to a supermarket but also for a quick chat which might be the only contact they have today.

I'm privileged to be a volunteer and am off there this morning to do my bit \bigcirc Have a great day everyone \odot

Who would have thought when we laid the new car parking spaces that they would be perfect for a Socially Distanced chat outside the shop!

2020 A Challenging Year

2020 was a challenging but successful year for all of our volunteers and customers as we have been open 7 days a week all year, which has been due to the dedication of all our 55 volunteers who have served in the shop this year. Our screen around the till and hand sanitiser, gives us all comfort in these strange times and now we all wear masks Bentley Stores is one of the safest places to shop, and we do really have nearly everything on the shelf thanks to

Last year we sold 52,498 Items to 16,671 Customers!

A special Thank you to all our Volunteers who have worked tirelessly to keep us all well served and supplied.

In what has been a year of ups and downs!

Cash or Card?

From day one in 2016, we have always offered card payment with no minimum amount because we want to help our Community. With COVID it has become even more important for our customers to use cards for payment, however small.

We do sometimes run short of change so would prefer not to handle large notes if possible so that we do not have to go outside the village to get more change.

Opening Hours 2021

If you have not visited our shop before you will be pleasantly surprised by the wide range of products.

We are open 9 to 1.30 on weekdays and 9 to 12 noon at weekends and Bank Holidays. (We only close on 25/26th December, 1st January and Easter Sunday.)

BENTLEY BOWLS CLUB

We hope everyone is well and keeping safe in these difficult times. Once again we have decided to postpone our race night which we had rescheduled for this March as we really don't think we will be out of this mess by then.

Hopefully we will all have had our vaccinations and we will be able to go ahead with our quiz in May - we will have to see what the situation is then.

We are all hopeful that we will be bowling this season, the greenkeepers have been attending to the green during the winter and as we didn't bowl regularly last season it didn't get much wear.

Bowls is a game which all genders can enjoy together so why not consider joining us when we start [hopefully] in May.

Lillian Calvert Secretary 01473 808652

CONSTABLE COUNTRY PATIENT PARTICIPATION GROUP

As I write the East Bergholt surgery is a hive of activity as patients arrive for the second week of Covid vaccinations. We all want life to return to some kind of normality this year and the news of the vaccine approval at the end of 2020 was cheering for so many of us. East Bergholt surgery was approved as a vaccination hub on January 6th.

We were delighted that around 150 people came forward to volunteer help with marshalling. These winter months will be a challenge to those working outside. The very first weekend they cheerfully braved the snow, clearing paths to ensure patient safety!

In the first 3 days more than 1100 people were vaccinated. It has been a major logistical challenge for the practice and they have managed the vaccination process very well. Well done to everyone involved. They are having to work to strict guidelines – starting with the over 80's age group first and then working down through the 70's and so on. Frontline health and social care staff are also being vaccinated.

They have now received some of the Oxford vaccine which means that housebound patients can be vaccinated as well as those in care homes.

Other appointments for doctors' and nurses' appointments, blood tests etc will be going ahead as usual.

Kathy Pollard - Chair Patient Participation Group 01473 311384

Email: constablecountryppg@gmail.com

NEWS FROM CAPEL LIBRARY

As we write this, we have entered another lockdown and the Suffolk libraries buildings have closed to the public. However, Suffolk Libraries are still here with lots of lovely things for you.

January saw us holding our second "Jumpstart January". There were lots of events and activities for everyone to take part in including Yoga, Pilates and Creative Dance. These activities were all free for anyone to take part.

Our lovely stock team are adding to the online resources all the time. So, keep an eye on our website for new eBooks. Remember we also offer eNewspapers and eMagazines. Check out the Library webpage for more information:-

https://www.suffolklibraries.co.uk/borrow/read

We have also got lots of live events which you can stream for free: https://www.suffolklibraries.co.uk/live These events are for all ages and there is something for everyone. So, even though we may not be able pass you a physical book yet, Suffolk Libraries has still got lots to offer.

Here at Capel we will also be calling customers to see how they are doing during these strange times. If you know anyone who you think may benefit from this service, ask them to give us a call 01473 311699 or drop us an e-mail capel.library@suffolklibraries.co.uk

We hope everyone is staying safe and we look forward to seeing you all again at the library.

Thanks, Bob (Treasurer)

The Friends of Capel Library

The Trustees look forward to seeing you in 2021 when hopefully we can start to reintroduce some events.

Lockdown

All Suffolk Libraries are closed. See www.suffolklibraries.co.uk for up to date news, on line events etc.

100 Club

December Draw winners are:-

£20 Jon Bunkell £15 Kathy Pollard £5 Stella Mellish £5 Janet Fenton

Special Draw Winner are:-

£20 Stuart Harris

£20 Jill Girling

£20 Juliet Clark

Prizes can be collected from the Library (when open).

The 100 Club will operate in 2021. Application forms are available from Bentley Community Shop as are forms for 2021 Friends membership.

100 Club members have to be Friends (legal requirement)

Trustee Meeting

The Trustees will not meet in January but hope to do so in February.

Thank you for your support

Bob Perkin (Treasurer)

JANUARY ADVICE COLUMN - CORONAVIRUS SCAMS

"I'm really worried about my elderly relatives being targeted by coronavirus scams - are there any warning signs that I can tell them to look out for? What should they do if they think that something is a scam?"

Unfortunately, we've seen an increase in scams since the beginning of the pandemic, so it's good to be thinking about the steps you can take to help protect friends and family.

Common scams we're seeing are about bogus testing kits, coronavirus vaccinations and government refunds or fines. You should watch out for messages about coronavirus from unusual email addresses or phone numbers and shouldn't click on any links. Be aware that you won't be asked to pay for coronavirus vaccinations - they are provided for free by the NHS.

Here are some general warning signs to look out for:

- You suspect you're not dealing with a real company for example, if there's no postal address
- You've been asked to transfer money quickly or to pay in an unusual way for example, by iTunes vouchers or through a transfer service like MoneyGram or Western Union
- You've been asked to give away personal information like passwords or PINs
- You haven't had written confirmation of what's been agreed

If you think something is a scam you should hang up the phone, close the website, or shut the front door. Never feel pressured to make a decision straight away, and don't give out personal details or money unless you're certain that they can trust the person. If you feel threatened or unsafe you can ring 999.

For help with online scams, contact a Citizens Advice Scams Action adviser by calling 0808 250 5050. For more information about other types of scams, visit the Citizens Advice website

Please note we are no longer seeing clients face to face until further notice

We are providing advice by telephone and email, Monday – Thursday, 10am – 1pm. Please phone 01787 321400 if you need advice and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number.

You can also ring our Advice line on 0808 278 7868 or 0800 144 88 48.

Alternatively, contact us via email at advice@sudburycab.org.uk or by using the contact facility on our website www.sudburycab.org.uk.

Contact: Elaine Gorman

Email: elaine.gorman@sudburycab.org.uk

Sudbury & District Citizens Advice

Keyse House Acton Lane Sudbury, Suffolk CO10 1QN



THE BENTLEY EXCHANGE

Advertise your unwanted goods or requests for items you require, for FREE, in the Bentley Exchange. This service is available to Bentley residents only, no traders. Just call or email your details to: ROBIN OWEN (contact details on Page 4)



If you use Facebook you may be interested in:- **Bentley (In Suffolk) Community**Page. https://www.facebook.com/groups/292599697915731/

OTHER VILLAGE WEBSITES

Bentley Village Stores - www.bentleystores.co.uk

Bentley CEVC Primary School - www.bentley.suffolk.sch.uk

The Case is Altered - http://www.thecasepubbentley.co.uk

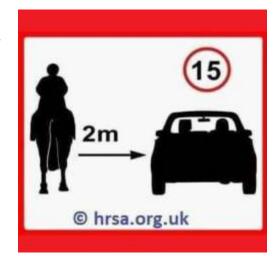
https://www.tapatalk.com/groups/bentleyfreespeech

Dead? Or Dead Slow?

With an increasing number of reported incidents involving horses and vehicles in the village, a gentle reminder to drivers:

Whenever you're approaching a horse:

- Slow down. As soon as you see a horse on the road ahead, lower your speed. The British Horse Society recommends a maximum speed of 15mph.
- Give them plenty of space. Pass the horse wide and slow, allowing at least a car's width if possible and it's safe to do so.



- **Be prepared to make an emergency stop**. Horses are unpredictable. Be ready to bring your vehicle to a complete halt in a safe and controlled manner.
- Drive slowly away. Avoid accelerating away too quickly once you've passed the horse. The noise and sudden movement could cause a fright.
- Respond to the rider's instructions. If they feel you're going too fast or need you to stop, then they may give you a hand signal. When asking you to slow down, they'll usually hold out their right arm and slowly wave it up and down.



• **Don't sound your horn or rev your engine**. Sudden noise could scare the horse and cause it to behave erratically.

As a driver, it's important to take extra care – especially when driving around bends – so that you can see horses and their riders in plenty of time and take appropriate action.

LOCAL TRADE DIRECTORY

Please mention the Bentley Bugle when responding to Adverts





Advertise your business here for only £30 per issue and reach every house in Bentley.

Contact Peter Day
Tel: 01473 310518
Email:
peter.d47@hotmail.co.uk

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PLEASE SUPPORT YOUR LOCAL TRADERS

Copy for Apr 2021 - May 2021 should reach us by Friday 19th Mar.