

**THE
BENTLEY
BUGLE**



COMMUNITY & CHURCH NEWS



ISSUE 72 OCTOBER 2019 – NOVEMBER 2019

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Copy for Dec 2019 – Jan 2020 should reach us by Friday 22nd Nov.

Parish Diary

OCTOBER 2019

2. Whist Drive - Village Hall at 7.30 pm.
2. Bentley Comrades - Village Hall Committee Room - 7.30 pm.
3. Coffee and Company - 19 The Link - 10.00 am to 11.30 am.
3. Bentley Parish Council meeting - Village Hall at 7.30 pm.
8. Tuesday Club - "Frolics, Fervours, Fornication" - Pip Wright - Village Hall at 2.30 pm.
9. W.I. - "Activities & Engagements of The Royal Family" - Ken Stone - VH at 7.30 pm.
10. Scrabble Club - Village Hall Committee Room - 2.30 pm.
12. St Mary's Annual Quiz - Village Hall at 7.00 pm.
16. Whist Drive - Village Hall at 7.30 pm.
17. Link Lunch - Village Hall at 12 noon.
18. Horticultural Society - "Holly Wreath Making the old way" - Village Hall at 7.30 pm.
22. Tuesday Club - "Musical Entertainment" - Janet & Julie - Village Hall at 2.30 pm.
23. Case Book Group - 7.30 pm.
24. Scrabble Club - Village Hall Committee Room - 2.30 pm.
26. Jumble Sale - Bentley Toddler Group - Village Hall at 2.00 pm.
26. Fireworks display and Bonfire - see page 25

For Other Events at The Case see page 23

NOVEMBER 2019

2. Quiz night at The Case - 8.30 pm.
5. Tuesday Club - "Guy Fawkes" - Barbara Faulkner - Village Hall at **2.00 pm**.
6. Whist Drive - Village Hall at 7.30 pm.
6. Bentley Comrades - Village Hall Committee Room - 7.30 pm.
7. Coffee and Company - 19 The Link - 10.00 am to 11.30 am.
7. Bentley Parish Council meeting - Village Hall at 7.30 pm.
13. W.I. - "Aid First" - Colette Flude - Village Hall at 7.30 pm.
14. Link Lunch - Village Hall at 12 noon.
14. Scrabble Club - Village Hall Committee Room - 2.30 pm.
15. Horticultural Society - AGM and Photo Competition - Village Hall at 7.30 pm.
19. Tuesday Club - "Chair Aerobics/Cards/New Age Curling" Village Hall at **2.00 pm**.
20. Whist Drive - Village Hall at 7.30 pm.
21. Coach trip to Thursford Christmas Spectacular. Coach leaves VH at 9.45 am.
23. Coffee Morning for Myeloma UK - Village Hall - 10.00 am to 1.00 pm.
27. Case Book Group - 7.30 pm.
28. Scrabble Club - Village Hall Committee Room - 2.30 pm.
30. Quiz night at The Case - 8.30 pm.

OTHER ACTIVITIES IN THE VILLAGE.

CARPET BOWLS - Every Tuesday 7.30 pm & Wednesday 2.30 pm – Village Hall.

AEROBICS CLASS - Tuesday morning at 9.45 am (Term Time only) – Village Hall.

PILATES CLASS - Tuesday 11.00 am to noon (Term Time only) – Village Hall.

Contact Mrs Jill Sharp for information – 01473 311546.

TODDLER GROUP - Monday and Wednesday mornings 9.30 am to 12 noon (Term time only) at Village Hall.

BENTLEY DIRECTORY

PARISH, DISTRICT AND COUNTY COUNCILS

Parish Council - Chairman	Dr Michael Bamford	07707 905889
Parish Council - Clerk	Mrs Joy Scott	01206 298174
Babergh District Councillor	Mr David Busby	01473 311576
County Councillor	Mr Gordon Jones	01206 262799

Police Community Support Officers	Stephen Cooper, Melissa Cohen	101
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BENTLEY ORGANISATIONS AND CLUBS

Bentley Primary School (Head Teacher)	Mrs Jo Austin	01473 310253
(Chair Governors)	Mr Dennis Kell	01473 730087
(Chair PTA)	Aimee Louis	07906 696454
Bentley Community Pub (The Case)	Mrs Kate Spicer	01473 314187
Bentley Comrades	Mr Ray Savage	01473 311122
Bentley Community Stores	Mr Bob Feltwell	01473 310182
Bowls Club	Mrs Lillian Calvert	01473 311756
Carpet Bowls	Mrs Jill Mills	01473 311103
Case Book Group	Mr John Wheals	01473 310569
Coffee and Company	Mrs Sandra Mehen	01473 310383
Computer Clinic	Mr John Blackmore	01473 310655
Footpath Society	Mr John Wheals	01473 310569
Footpath Warden	Mr Tim Hamstead	07748 821594
Friends of St. Mary's	Mr David West	01473 327900
Horticultural Society	Mr John Blackmore	01473 310655
Link Lunch Group	Mrs Veronica Howe	01473 310344
Parent and Toddler Group	Mrs Pam Rayment	01473 310283
Recorders	Mrs Moira Usher	01473 310322
Scrabble Club	Mr Robin Owen	01473 311844
Tree Warden	Mr Colin Hawes	01473 310678
Tuesday Club	Mrs Margaret Blackmore	01473 310655
Village Hall – Bookings	Mrs Margaret Blackmore	01473 310655
Village History Recorder	Mr John Tombs	01473 310737
Whist Club	Mrs Veronica Howe	01473 310344
Womens Institute	Mrs Sandra Ford	01473 310072

ST MARY'S CHURCH, BENTLEY

Rector	Rev Annette Shannon	01473 807674
Benefice Administrator	Ms Hayley Purnell	07904 972116
Churchwarden	Mr Peter Day	01473 310518
Assistant Priest	Revd Don Mehen	01473 310383

BENTLEY BAPTIST CHURCH ADMIN. 07814 465222

Bentley Parish Council website is at <http://www.bentleypc.onesuffolk.net>
Further information about Bentley can be found at www.krpa.co.uk

Other Village Web sites are listed on page 21

THE BENTLEY BUGLE - COMMUNITY & CHURCH NEWS COORDINATORS

The Bentley Bugle is published and distributed bi-monthly on a voluntary basis for the benefit of the local Village and Church community. Information is published in good faith and we reserve the right to edit copy submitted. Errors and exceptions are regretted.

Advertising in these pages does not constitute a recommendation.

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Adrian Mills

Church Correspondent

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Sandra Mehen

COPY FOR THE DECEMBER 2019 - JANUARY 2020 ISSUE SHOULD REACH ROBIN OWEN BY FRIDAY 22ND NOVEMBER. Copy can be submitted either on paper or electronically (preferred). Please try to ensure that any copy submitted electronically is in a standard format, e.g .DOC, .DOCX, .JPG .PDF or .TXT, and the preferred font is Arial 14 pt.

We will always try to include copy that arrives after the published deadline subject to space and time constraints.



MYELOMA UK COFFEE MORNING



I am holding my coffee morning on behalf of Myeloma UK
- a charity supporting people affected by Bone Marrow Cancer -

on the Saturday 23rd November 2019

at Bentley Village Hall from 10.00 am to 1.00 pm.

Please come and enjoy a cup of Coffee/Tea and a slice of cake.

We will be also holding a raffle and selling Christmas cards.

Agatha Bird

FRONT COVER

Autumn Fruits - Photo by Robin Owen



† St Mary's Church News

SERVICES IN OCTOBER

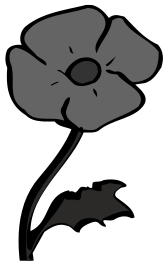
6th	October	Family Service	10.00 am
13th	October	Family Communion	10.00 am
20th	October	Morning Celebration	10.00 am
27th	October	Family Communion	10.00 am

SERVICES IN NOVEMBER

3rd	November	Family@church	10.00 am
10th	November	Act of Remembrance	10.50 am
17th	November	Morning Service	10.00 am
24th	November	Family Communion	10.00 am



The Annual Bereavement Service will be at Tattingstone Church on Sunday 3rd November at 3.pm



We will be holding our usual short act of Remembrance for all those who lost their lives in the First and Second World Wars and those who have lost their lives in conflicts since. This year the service will be on November 10th beginning at 10.50 am with two minutes silence at 11.00 am. We very much hope that traffic will be sensitive and respect the memories of those who died for our freedom. Please come along to the War Memorial to remember all those who gave, and still give, their lives in the cause of freedom.



Christingle Service – will be on Sunday 1st December at 10.00 am in Bentley Church. We will be collecting unwrapped gifts for the children (and adults) at West Villa. Books, toys, sweets, toiletries and tins of biscuits are very welcome. The collection on the day will be donated to The Children's Society, working with disadvantaged children in this country. If your child/children do not attend Bentley Primary School we would be delighted to see them, just let Sandra know (310383) by Wednesday 27th November so there will be enough Christingles. Please come and join us for this very special service.

Refreshments are served after all our morning services.
Children are always welcome

For all other services held in this group of Parishes please see 'In Touch'

St Mary's Church News

Home Communion – a short service of Holy Communion is held in a home setting once a month on the first Wednesday starting at about 10.00 am. There is time afterwards for coffee or tea and a chat. If you are interested in joining us please contact Sandra (301383) Carolyn (311090).

.....

Can't get to Church?

Do you need a lift to church? Please contact Doreen on 311122; Carolyn on 311090 or Jane on 310518.

.....



COFFEE AND COMPANY

You are invited to join us for coffee or tea and biscuits at 19 The Link and have a chat on the first Thursday of each month between 10.00 am and 11.30 am. Everybody welcome - please come and bring a friend.

.....

Mulled Wine and Carols – will be held this year in the Village Hall on 19th December, starting at 7.00 pm. Come and sing the old familiar Carols and hear some light-hearted Christmas Readings. Enjoy a glass of mulled wine or fruit juice as you arrive and coffee and mince pies in the interval. Entrance £3.

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Children's Society Boxes – please will everyone who has a Children's Society Box at home let Doreen have their box during November so that they can be emptied and the money sent to help children in need in this country. Doreen can be contacted on 311122.

.....

West Villa - please help us again this year in supporting West Villa Homeless Families Unit in Ipswich. We will be collecting toys, games, toiletries, tins of biscuits and other Christmas goodies to make their Christmas more enjoyable. They are always very grateful for any donations and are still in need of duvets and covers, pillows, sheets and towels to help the residents. So if you have any you no longer need please think of them. Please can all Christmas gifts be delivered to 19 The Link by the end of November so we can deliver them in plenty of time for sorting. Contact Sandra on 01473 310383 if you have any queries. Many thanks.

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For weddings, baptisms, funerals and any other church matters please contact:-

Rector – Rev. Annette Shannon on 807674

Church Warden – Peter Day on 310518

Assistant Priest – Rev. Don Mehen on 310383

Benefice Administrator – Hayley Purnell on **07713 863023**

Email: northsamfordbenefice@gmail.com

(Please note Hayley only works part-time, so may not get back to you immediately)

St Mary's Church News

**SATURDAY 12TH OCTOBER ANNUAL QUIZ NIGHT
at Bentley Village Hall starting promptly at 7pm**

Teams of up to 6 people.

Tickets £6 if bought in advance or £7 on the night

Includes Ploughman's Supper with dessert.

From Ray 01473 311122 - sav07@aol.com

Draw and bar.

Join us for an evening of fun, food and brainteasers

Thursford Christmas Spectacular Thursday 21st November

For all those coming please remember

The Coach leaves Bentley Village Hall at 9.45 am

 Sandra 310383

Boules Competition: many thanks for those who supported this event and made it such a success. The money raised helps keep our beautiful church in as good a state of repair as we can manage with your help. The bar, barbecue and cream teas were as popular as ever and the table top sale was a good addition. Congratulations to Sesa and Aririivata who won this year.

.....
Thank You - A very big thank you to those 12 residents of Bentley who have already responded to our letter asking for help towards the cost of bringing your Church into the 21st Century, by providing an inside flushing toilet, and a meeting room/kitchen. This will enable the church building to be used more comfortably for baptisms, weddings, funerals, services and social occasions. A further £99,000 is required towards the £138,000 costs of the project. Any help you can give will be gratefully received, please forward to Mr K Felgate, Treasurer, Kishar, Grove Road, Bentley IP9 2DD.

When completed the Bishop will be asked to conduct a special service of blessing including a plaque with the names of those who made the project possible through their donations and grants, as a permanent public record. God bless you.

Peter Day – Church Warden.

.....
Pause for thought - The changing seasons never fail to fill me with wonder and delight; from the first snowdrops through the beautiful displays of bulbs. Then it's into summer and the garden full of flowers, fruit, vegetables and the sound of bees. Already the season is turning again summer flowers are fading, apples and pears ripening and berries and leaves beginning to change colour. There is something in every season to be thankful for. So let us remember to thank God for the beauty of his creation in every season.



BENTLEY COMRADES

In August we had a visiting speaker – Mr Tom Tyler – who gave a talk entitled What a Stroke of Luck (WW2). This featured many of the events and operations of World War 2 where luck played a major role in the success of the Allied Forces. It was very surprising to learn how much luck had turned events such as the accidental bombing of London leading to the retaliation by bombing Berlin. Mr Tyler was raising funds for the charity Odyssey that aims to help people with cancer regain their self-confidence and enjoyment of life. The subscriptions taken during the evening were donated to the cause and items for sale such as cards and other items were purchased to help swell the funds.

For September Griff Johns gave a talk entitled A Brief History of Britain's Armed Forces. Starting with the senior service, the Royal Navy, he described how armed merchant ships and privateers were the start of our Navy and progressed through the years to become the world's largest navy until the end of World War 2. He then went on to the Army and described how initially volunteers were raised by feudal lords until Cromwell formed the New Model Army. He described the origins of many of the old regiments and of the amalgamations and reductions that have taken place today. Finally the Royal Air Force, formed at the end of WW1 on 1 April 1918 by merging the Royal Flying Corps and the Royal Naval Air Service. He described how the first free flight was by balloons and used in the Napoleonic Wars, the development of airships and the first powered flight leading to the modern aircraft of today.

On 17th September 22 members and friends enjoyed a coach trip to Duxford Imperial War Museum organised by Stewart Rowe. The weather was good and we all had a good day visiting the many exhibitions.

Bentley Comrades is a gathering of ex-service personnel and those interested in the British Armed Forces. We usually meet on the first Wednesday of each month in the Village Hall Committee Room, supply our own refreshments and each make a contribution towards the hire of the hall. If you are interested in joining us please contact: - Ray Savage - tel. 311122

Michael Anderton

BENTLEY BOWLS CLUB

Our season has now finished - all too soon, We have done well in both leagues - finishing 2nd in Division 2 of the Samford League and 3rd in Division 1 of the Triples League.

Our final club competitions have finished with some excellent bowling in the men's two woods between David Howe and Barry Ford with David coming out the winner. Barry then went on to play Ken Scoulding in the four woods and came out the winner. We entered a team in the East Bergholt tournament but unfortunately didn't do very well but we did have a very pleasant day. The green will be top dressed at the end of September and put to bed for the winter.

Lillian Calvert - Secretary 311756

BENTLEY REFORMED BAPTIST CHURCH

Church Admin - Caroline Kent - 07814 465222

"For by grace are ye saved through faith; and that not of yourselves:
it is the gift of God" Ephesians 2:8

Weekly Services

Wednesday at 7.30 pm – Prayer and Bible Study
Sunday at 10.45 am and 3.00 pm – Worship Services

Monthly Events

Women's Group: Next meetings
Friday 18th October & 15th November
10.00 am - 11.00 am
All local women welcome for an hour of
Friendship, Bible Study & Prayer

For further information: Telephone Admin: 07814 465222

www.bentleyreformedbaptistchurch.com .

Email:- info@bentleyreformedbaptistchurch.com,

Or find us on Facebook

Bentley Reformed Baptist Church News

It was with sadness that the Church received the resignation of Pastor Craig Whale at the end of August. Pastor Craig has been unwell for some time now and felt unable to continue in post. As a Church we thank him for his years of service to us and, as a community I am sure you will miss him in his pastoral role! We pray he will recover all the sooner without the burden of responsibility. Pastor Craig has been thankful for the many warm wishes given to him by Bentley folk.

As a church, we hope, as the Lord wills, to continue to share the Gospel of Jesus Christ and will be inviting visiting preachers and seeking to keep the church running as normally as possible.

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HEDGEROWS

Bentley Parish Council respectfully reminds parishioners to check that their hedgerows and plants are not, inadvertently, obstructing or impeding pedestrian access along public footways. Council asks that any such growth (width and height) is cut back in order to avoid any unintentional accident or injury to pedestrians, cyclists or motor vehicles.

If any parishioner is aware of a particular problem site, please notify the Clerk in order that appropriate action may be taken.



Bentley CEVC Primary School News

What an explosive start to the new school year! We were straight into amazing and inspiring learning opportunities. Already this half term, we have had some wonderful enhancements to the children's education including an Adventure Week, a visit from the fantastic Circus Ferrel (Adders even got the opportunity to have a sleepover in the big top!), sailing, hiking, archery and fencing!

All the children were lucky enough to be given FREE circus skills workshops by the team at Circus Ferrel and we were so pleased to watch them perform their skills during the live performances in the evenings. Our sincere gratitude goes to Circus Ferrel for their support and generosity.

Years 5 and 6 travelled to the Regent's Theatre and were spellbound by the Horrible Histories production: Awful Egyptians. As promised in the blurb, it was history with all the gory bits left in! But the trips don't end there! So many more adventures are planned for this term and we feel very privileged that our small school is so excellently placed to offer all these enhancements; having our own mini-bus gives us the freedom to do all these things but it is only made possible by the support of our parents, the hard working PTA and the wider community. Our thanks again go to Copdock Mill for their continued support with fuel for the mini-bus.

We have welcomed 8 new children in Reception this year; it has been lovely to see them settle in so well and the whole team wish them all the very best as they start their educational journey with us.

Our federation is only so good because of the children, families and team that put so much into it. We are currently recruiting for Governors to join this great team and would welcome enquiries from members of the community who would be interested in finding out more about this rewarding roll. The school office can be contacted on the details at the bottom of this article, alternatively, the chair of Governors can be contacted at dennis.kell@copdock.suffolk.sch.uk

Bentley Telephone: 01473 310253. Email: admin@bentley.suffolk.sch.uk



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<u>2019 SEASON</u>							<table border="1"> <tr><td>C</td></tr> <tr><td>U</td></tr> <tr><td>B</td></tr> </table>	C	U	B										
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BENTLEY PARISH COUNCIL

Chairman – Cllr M Bamford
Bentley Parish Council

Mrs J Scott
Clerk – Bentley Parish Council
Telephone: 01206 298174
e- mail:joyvscott@outlook.com

Notes from the Bentley Parish Council meetings on 1st August 2019 and 5th September 2019. The meeting on 5th September 2019 was preceded by a meeting of the Playing Field Society.

Minutes from those meetings are available on the Bentley notice boards and Bentley Parish Council website <http://bentleypc.onesuffolk.net/> along with reports from County Councillor Gordon Jones.

Planning Applications

West Dene, Capel Road DC/19/03322 – Councillors recommended approval.

Dodnash Fruit Farm DC/19/03023 – Change of use from of agricultural building to a dwelling house. Councillors recommended approval.

1, Grove Road DC/19/03787 – Residents raised both objections and support for the development of nine two/three bedroom semi detached and terraced houses. Councillors welcomed the development of smaller homes but were concerned about over development of the site and overspill parking in Grove Road. Councillors recommended refusal on these grounds but felt both areas could be addressed by 1 or 2 fewer properties giving increased parking and access on the site. Councillor Dave Busby recommended a site visit.

Removal of Bus Subsidies for 94A bus

Councillor Gordon Jones reported that a £12 subsidy was being paid by Suffolk County Council for each journey made on this service. Cutbacks had to be made. Representations were made to him that this was the only bus into Ipswich from the village at a suitable time for commuting and the service was also used by students attending further education in colleges/schools in Ipswich.

Other matters discussed:

- A supplementary representation was made by the Parish Council to Babergh District Council concerning the proposed development on land west of Church Road. A review carried out by Alison Farmer Associates of the original Landscape and Visual Appraisal for the development was also submitted.
- Traffic Calming – SID pole locations now confirmed. Suffolk Highways to be contacted.
- Grit bins – most of the affected residents have been contacted. It is hoped to have them in place before this winter.
- Neighbourhood Plan – Design Guide completed. Members of the Neighbourhood Plan working party will be available at the Bentley Fun Day to answer any questions.
- Draft Local Plan – response already sent by Parish Council. Additional response from Neighbourhood Plan group to include concerns about revised village boundary and cumulative impact of growth in villages using Constable Country Medical Practice.
- Quiet Lanes – Councillor Munday to meet with Councillor Gordon Jones to discuss.

Continued on Page 12.....

BENTLEY PARISH COUNCIL

.....Continued from Page 11

- Playing Field Society – Arrangements are all in place for Bentley Fun Day. Storage container has been purchased and now in situ on the playing field. Security lock to be purchased as well as paint to spray the outside of the container. Signage will be added to warn of no climbing on the container. Fireworks for the event on Saturday 26th October have been purchased. A meeting of the Playing Field Society to take place before the next Parish Council meeting on Thursday 3rd October to discuss final arrangements for the Bentley Fireworks event.
- Play area – Lease with Suffolk County Council needs to be extended. To be discussed at next meeting.
- Slide for play area – Councillor Feltwell has identified appropriate materials and work that needs to be carried out to install the slide.

BENTLEY FAMILY FUN DAY 2019

This year was our Seventh Bentley family Fun day and from the feedback received a wonderful day was had by all! I would like to express my thanks to all those who supported the day and made it again another success.

The main aims of the fun day are: to promote charitable causes and help them to raise vital funds; to provide a fun day out for everybody; to provide opportunities for children (and adults!) to experience things they might otherwise not normally. If anybody feels that they could offer their time or suggestions to help make next year better still then I would welcome them.

I would like to take this opportunity to say a big thank you to those kind people and organisations who donated equipment for us to use on the day: Armour Engineering Ltd for the transportation of table and chairs, kindly loaned from Bentley Primary School, power and the loan of the BBQ; Nelson Potters Yard for the arena posts; Tony Wright for being the PA and David Linguard for the PA system; Mr Cooper and his muscle; Andrew and Ernie Eagle, Brian Marr, Ray Bloomfield and Miranda for the tractors and rides; George Harris for his Tractor and straw bales; Cadmans Cranes Ltd for providing such a fabulous crane that children could operate; and Chassis Cab for their brand new DAF lorry. Thank you to those who attended to the organising of the parking and helped to tidy up at the end of the day. Without this support the day could not happen!

CADMAN
CRANES LTD

Thank you also for those kind donations of raffle prizes all from local businesses in and around East Bergholt, Capel St Mary and Bentley: Armour Engineering Ltd; Travel Plus Tours; White Horse Pub; East Bergholt Bakery; Oranges and Lemons; Dedham Sun; Sam's Electrics; Cappadocia; Zaynab; Friends of Capel Library; Ann Goodhall Reflexology; dbPT Transformation Studio and Boot Camp; Grier and Partners; John Payne; Cold War Museum Bentwaters; Fox's Marina; Starbucks; The Hare and Hound; Place for Plants; Roger Balmer Design; Case is Altered; Bentley Riding School; Nelson Potter Wood Yard; Port of Felixstowe; The Red Lion (soon to open) and local residents.

I would like to say a huge thank you to anyone who I may have missed out!

Kind regards, Jo Willis, Dave Telling Jan Burton and Tim Hamstead

HAVE YOU FOUND A PAINTED ROCK IN THE VILLAGE?

Well I thought I should explain to those of you who haven't heard about painted rocks or those who have found one but didn't know what to do with it!

I've created a few painted rocks with different themes over the past year and hidden them in the village or surrounding areas. When they are found you go to Facebook and find the 'Bentley Rockers' group page: <https://www.facebook.com/groups/641758586277295/>

Upload a photo of the painted rock so others can see where it's been found, then hide it in the village or take it travelling! Currently I have rocks in France, Spain, Tenerife and Australia! It's exciting to see where they reappear!

You are more than welcome to join in the fun with creating your own designs, however please varnish them to protect from the weather and write 'Go 2 Facebook, Bentley Rockers, rehide me' on the back.

Lots of people are getting involved, adults and children, don't be shy. It's great watching them travel. Look out for the new ones going out soon, Halloween themed! Happy hunting!

Alison Partridge



Winter Jumble Sale **Clear The Clutter - bag a Bargain**

Bentley Toddler Group is holding a Jumble Sale to raise funds, on Saturday 26th October 2.00 pm at Bentley Village Hall

If you have anything you wish to donate to our sale, please bring it along to the hall from 9.00 am on the day, or telephone Pam on 01473 310283, or Aimée on 01473 311311, and we will arrange to collect it from you.

If you would like to come to our sale, the hall will be open from 2.00 pm. Tea & coffee will also be available.

We look forward to seeing you and thank you for your support.



Bentley Toddler Group

Registered Charity No:1026973



Gardens at The Old Vicarage, East Ruston Horticultural Society trip - see page 22.
Photos by David Howe



BENTLEY CARPET BOWLS

With the summer league fixtures now completed we are now preparing for our second year in the 1st Division of the Winter League.

Having just survived last year we all know how difficult it will be again but I am sure everyone will be giving their best and make themselves available whenever possible.

David Howe.

BEETLE DRIVE

On Saturday 14th September we held our Annual Beetle Drive to raise funds for the Club.

The evening was a great success with the noise level in the hall rising rapidly as usual, as the evening went on.

A big thank you must go to all the hard working people who made the evening such fun, the people who provided the very tasty supper, those who donated raffle prizes and those who ran the raffle. Not to mention the man with the whistle who kept everyone on their toes during the playing of the game.

Thank you also to those who supported the evening and Harkstead Carpet Bowls Club for the loan of their Beetle Equipment.

HEADWAY CHARITY MATCH

Bentley Carpet Bowls sent a team of four to play in the Headway Charity Match at Tattingstone on Sunday 15th September.

Ten teams played in two Leagues and David, Jill, Margaret and Veronica played for Bentley against Harkstead, Brantham, Tattingstone and the "Mystery Mix" and won all four of their games.

This meant they played in the final against Bealings who won, meaning for the third year running Bentley were the runners up.

The real winner on the day was the Headway Charity who were presented with a cheque for £556 money raised from entrance fees, raffle, donations and refreshments. The representative from Headway was very pleased, and explained that all the money raised would go to Headway Suffolk.

Thank you Tattingstone Bowls Club for arranging a great afternoon.

Jill Mills - Secretary, Bentley Carpet Bowls

LINK LUNCH

The first lunch of the season saw forty five diners served with chicken breast, savoy cabbage and mashed potatoes followed by tea or coffee.

The next lunch will be on the 17th October and all are welcome to come and enjoy a social two course lunch for only six pounds.

Please note that the November lunch will be on the second Thursday of the month the 14th not the 21st.

Veronica Howe

CAPEL LIBRARY

October sees the launch of Suffolk Libraries Day on 12th October and Capel Library will be celebrating along with all the other 43 libraries in Suffolk. Please come and join us to celebrate the successes of Suffolk Libraries, there will be many activities and stalls running from 10am to 2pm. Prior to this there is a Book Journey, where one book will be traveling from one library to another, covering all 44 Suffolk Libraries in a week. On Wednesday 9th the book leaves Capel Library at 2pm to travel to Hadleigh Library, come along and wave the book along on its journey...listen to the local radio to hear more about it. Find us on Facebook to see all the details.

Our Annual Quiz Night this year is 26th October, entry forms are available in the library. Teams of 6 and all entries need to be in by 17th October.

Dates for your diary:

Tot Rock: every Thursday 9.30 to 10.15 am Nursery Rhymes and Story Time for the under 5's

Capel Creators Saturday 26th Oct and 23rd Nov 10-30am-12-30 for children of any age. Come along and see what fantastic models you can build with lego! £1 charge includes a drink and a biscuit. Children under eight must be accompanied by an adult.

Minecraft 10.30am -12.30 Sunday 6th & 20th Oct and 3rd & 17th Nov. Children of all ages welcome and those under eight must be accompanied by an adult. Please bring with you your tablet or phone equipped with Minecraft Pocket Edition or Minecraft Windows 10 Edition. Try to remember to charge your device beforehand!

Capel Library Book Group Friday 18th Oct and 15th Nov. This adult group meets on the third Friday of each month in the library from 2.30pm. Come along, pick up the book they are currently reading and join in.

Community Cinema 15th Oct and 19th Nov, doors open at 7.00 pm, film starts at 7.30 pm with licenced bar. October's film is First Man, November's film to be decided by the audience in September.

We have a great selection of books for sale which are perfect for holiday reads. Don't forget we also sell book tokens and books of stamps; both first and second class.

OPENING TIMES

Monday: Closed.

Tuesday: 9.30 am - 12.30 pm & 2.00 pm - 5.30 pm.

Wednesday: 9.30 am - 12.30 pm.

Thursday: 9.30 am - 12.30 pm.

Friday: 2.00 pm - 5.00 pm & 5.30 pm - 7.30pm.

Saturday: 9.00 am - 3.00 pm.

Sunday: 10.00 am - 3.00 pm.

THE CASE BOOK GROUP

Meets on the 4th Wednesday of the month at 7.30 pm in The Case
CONTACT John Wheals - whealsjk@yahoo.co.uk 01473 310569

BENTLEY TUESDAY CLUB

At the beginning of August we had a visit by Harry & Sue Parsons whose talk was entitled `There is nothing Like a Dame` telling us about their experiences from a lifetime in amateur dramatics. In particular the memories of the Pantomime Season with Harry dressing up as a Dame, performing magic tricks etc. This was a most informative and amusing afternoon with members participation. Later in this month Ann Day from the Tourist Board gave a detailed talk entitled `Ipswich Then and Now` illustrated with slides. It was amazing to see how many changes had taken place in such a short space of time in the Town and surrounding areas.

In September we had our Annual Outing to Dunwich when members and friends enjoyed a Fish & Chip lunch at the Flora Tea Rooms. The weather turned out favourable after a very wet Monday so members were able to have a stroll on the beach. Our driver then took us via Aldeburgh & area finishing up at Friday Street where we had time for a cuppa and a look around the shops and barn - a most enjoyable day's outing. The month concluded with a session of Chair Aerobics, Cards, and New Age Curling.

Please Note: As from 1st November our meetings will start at 2.00 pm for the duration of the Winter months.

Our next meetings are as follows in Bentley Village Hall.

8th October 2.30 pm. `Frolic/ Fervour/ Fornication` – Pip Wright

22nd October 2.30 pm. `Musical Entertainment` - Jane & Julie

5th November 2.00 pm. `Guy Fawkes` - Barbara Faulkner

19th November 2.00 pm. `Chair Aerobics/Cards/New Age Curling

New Members and Visitors are always welcome at any of our meetings.

Margaret Blackmore (Secretary)

(Tel.310655 for further information).

SHOEBOX APPEAL

Two years ago, St Mary's Church Bentley filled 35 boxes for the Samaritan's Purse, Operation Christmas Child appeal, and this year Doreen Savage and I are inviting you to join in. Shoeboxes are filled with gifts for girls and boys aged 2-14 and are sent around the world to children who have very little.

You can help in a number of ways:-

Fill a shoebox yourself; Contribute items for a shared box; Contribute money

Examples of welcome items:-

Toys.. .. car, ball, doll, cuddly toy

Hygiene..... soap, flannel, comb, brush, toothbrush (not toothpaste)

Stationery.....un/lined notebook, colouring book, pens, pencils, erasers

To wear.....gloves, mittens, scarf, hat

Completed boxes, separate items, monetary contributions may be dropped off at 17, Silver Leys before 11th November. If you would like further information please telephone Julia Shoebridge on 312039.

Doreen Savage and I thank you on behalf of the children.

The Grange

COUNTRY PARK

Fish & Chip Night
Every Wednesday

Sunday Carvery

Home Made Pizza
Thursday to Saturday

For bookings
call **01206 299876**

Restaurant & Clubhouse

If you are looking somewhere local to enjoy some of your leisure time, then pop in and see us in our newly refurbished restaurant & clubhouse where there is a warm and friendly atmosphere for a quiet drink or fabulous food.

FOODSERVED:

Wednesday, Thursday and Friday 6pm-8.30pm
Saturday 8.30am-11am and 6pm-8.30pm
Sunday 8.30am-11am and 12 noon-3pm

Clubhouse Events

BINGO

Every Wednesday evening 8pm start

Friday 4th Oct from 6pm
GERMAN NIGHT

Sunday 6th Oct from 1.30pm
AFTERNOON SHOWCASE

Saturday 12th Oct **QUIZ NIGHT**

Sunday 13th Oct
FILTHY GORGEIOUS Live Music

Saturday 26th Oct
HALLOWEEN PARTY

Saturday 2nd Nov
BINGO NIGHT

Friday 8th Nov from 6.30pm
CONSTABLE CHOIR

Friday 15th Nov from 8.30pm
Pie & Mash then

Andy Otley as **ELVIS**

Saturday 30th Nov from 8.30pm
CHELSEA

Holiday Homes For Sale

The Grange Country Park is a beautiful holiday leisure park set amongst 11 acres of unspoilt Suffolk Countryside. With a choice of luxury lodges or stunning static homes to choose from this could be a perfect holiday haven waiting for you....

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gentlemen.

ALTERED IMAGES

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please call us to discuss your requirements.

OPENING HOURS

Tuesday	9:00	-	5:30
Wednesday	9:00	-	5:30
Thursday	9:00	-	7:30
Friday	9:00	-	5:30
Saturday	9:00	-	4:30

FOR ALL APPOINTMENTS PLEASE CALL

01473 311781

BJ'S HAIR & BEAUTY STUDIO
CAPEL ROAD, BENTLEY

BENTLEY NEIGHBOURHOOD PLAN UPDATE

We've been hugely busy again - apart from having a drop-in stall at the Bentley Fun Day, we've been mostly reading mountains of documents - not least the new draft Joint Local Plan, our response to which is below.

Many of our commissioned studies are also now being delivered to us in draft form for comment; these studies (Landscape Assessment, Housing Needs, Design Codes) are direct feeds into the policies that will form the legal framework of the Neighbourhood Plan, so it's important that they are accurate!

And underpinning all this is the national and local planning documentation, all of which has changed recently; the Babergh / Mid Suffolk Joint Local Plan has been running a consultation exercise until the end of September. Here's our response to it...

Joint Local Plan response – Bentley Neighbourhood Plan Team

We would first like to recognise the amount of work put into the Plan – now we have some appreciation of the work involved, we have a better understanding of the complexity!

In terms of policies, we find nothing that we take strong exception to; indeed, we are happy to work with the policies as they are written. There are one or two areas – “green” home building standards, for instance – where we would like to build on the stated policies; but we find nothing that we cannot support.

However, we do have concerns over

- the way in which housing allocation has been spread across the district
- a lack of provision for the underpinning infrastructure for the total
- there are specific concerns with the allocation number and Built Up Area extension for Bentley itself
- Lack of designation of recognised open spaces shown on the Open Space Assessment supporting document.

There are 12 hinterland villages with Neighbourhood Plans in various stages of production, which have been allocated 663 houses across them (an average of 55 per village). A total minimum housing requirement of 894 is stated within the Plan. There are a total of 27 hinterland villages in Babergh, i.e. hinterland villages without a neighbourhood plan have been asked to find a total of 131 houses (an average of 9 each). We think it is invidious that hinterland villages that are prepared to put in the considerable community effort to create a Neighbourhood Plan have been punitively and disproportionately burdened.

46% of the homes allocated to villages with Neighbourhood Plans are in Copdock & Washbrook, Capel St Mary, East Bergholt, and Bentley. All these villages use the Constable Country medical practice, which is already struggling.

Another concern is for the ability of the Copdock interchange to cope, particularly when the planned 1650 houses for Sproughton and the Gipping Valley are taken into consideration. This is of particular concern for Bentley, as traffic reroutes through the village when there is an accident or significant backlog at Copdock, multiplying the volumes of traffic through the village.

With specific reference to Bentley, we are puzzled as to what the extension of the Built Up Area to the north of the village can be; there is no planning application of any status that would account for it. We also believe that any extension of the current BUA (apart from the 16 homes with granted status to the south-west of the village) is neither necessary nor desirable, as we can meet a fair housing allocation over the length of the plan with infill. The Neighbourhood Plan team has commissioned a Landscape Assessment report, addressing how limited development could be sensitively managed on the northern boundary of the village, without requiring a significant BUA extension and respecting the unique character of the village and its responsibilities as a setting within the Suffolk Coast and Heaths AONB extension.

Continued on Page 20.....

.....Continued from Page 19

We are further concerned by the statement in the Infrastructure Delivery Plan that the County Council will seek to purchase land for a school playing field beside the school, which directly contradicts a statement made by Gordon Jones of Suffolk County Council that any school expansion plus land purchase is contingent on a major development to the north of the village being granted permission to go ahead, which is by no means a “given”.

The Open Space Assessment document is missing many areas of accessible natural green space, which the villagers value most highly, including – but not limited to – Dodnash Wood, Holly Wood, Great Martin’s Wood, Pond Hall Lane, , Pedlar’s Wood, and Tare Grove, as well as the land behind the Village Hall and the water meadows to the south of Dodnash Wood, stretching to the boundary with East Bergholt. There are PRowS linking these and other open spaces, of which the villagers make extensive use. The fact that the map is truncated in the document excludes many of these important and well-loved assets, but even in the area covered, many valued spaces are simply not shown.

With regards to any future development within the village, and its underlying infrastructure, we would like to underline our support for policies LP31, LP32, and LP33, and in particular this statement:

“Planning permission will only be granted if it can be demonstrated that there is, or will be, sufficient infrastructure capacity to support and meet the necessary infrastructure requirements arising from the proposed development.”

In conclusion, Bentley is committed to an appropriate level of growth, and looks forward to working with the District planning team to achieve this.

Nicky Moxey

On behalf of the Bentley Neighbourhood Plan team.

BENTLEY W.I.

The planned garden party in August was moved to the committee room of the village hall as it was a very wet day. We enjoyed afternoon tea and a quiz. Two members enjoyed the centenary fair at Trinity park where there was a fashion show, a variety of presentations, talks and entertainments. There were many craft stalls and the finale was the WI Centenary Choir.

The September meeting was a talk given by Eric Thorndyke on Ipswich Theatres. The first theatre in Ipswich was built in Tankard Street in the early part of the 18th century. David Garrick is said to have had his debut there in 1741. This theatre was replaced by the Theatre Royal, built on the same site in 1803. Other old theatres he spoke about included The Lyceum in Carr Street, the Hippodrome in St Nicholas Street, the Picture House, Ritz, Odeon, Arts Theatre and Regent. A very interesting and enjoyable evening.

We have also resumed our monthly Craft sessions after a few months break.

The next meetings will be:

October 9th. Activities and Engagements of The Royal Family. Ken Stone
November 13th. Aid First. Colette Flude

Visitors and new members welcome. Please phone Sandra Ford 310072 for details

Diane Clover

BENTLEY STORES

The social benefits of a village shop to the community it serves are well-documented and our Bentley village store continues to thrive providing all the everyday essentials, along with a warm welcome.

The environmental benefits of a village shop also add up. A recent survey showed that community shops collectively are estimated to save four million miles of car journeys a year; we'd like to think in Bentley we are doing our bit to support this. .

Keeping on the environmental theme, we have now taken delivery of new reusable cotton bags and are able to offer one free when you spend £10 or more in our shop. This is our contribution to reduce the amount of plastic bags in circulation. These bags are excellent value as they can be reused many times and fold up very small to go in a pocket or handbag. A volunteer has made us a new plant sale stand which is outside the shop. Donated plants will be sold to benefit the Myeloma UK Cancer charity in the spring and MacMillan Cancer charity in the autumn. We have some keen gardeners in the village who keep the stand well stocked so if you are passing please drop by and have a look.

With winter approaching remember our Dry Cleaning and laundry service which can take in most items including duvets, curtains, suits, dresses, shirts, sheets and prom dresses ready for storage over the winter!

With colder weather on the way, we are well-supplied with a range of 'over the counter' medication including throat sweets which are very popular with our singers in the village.

If you are new to our village or just visiting come and see what we sell, you are sure to be surprised by the variety of some 1500 items which are all reasonably priced. Since opening we have found our shop has become a "social magnet" and a good way to learn all about how the village works so please pop into our shop and see for yourself.

We are 100% volunteer run and exist for the benefit of our customers and our local community. If you would like to share in the volunteering at the shop, it is only two hours at a time, and you can work with others as well, and training is available, then please call in the shop and talk to a volunteer or email us. Volunteering in the shop is a great way to meet people, particularly if you are new to the village.

Our opening hours are Monday to Friday 9am to 5pm and weekends and Bank Holidays 9 to 12 noon. Email: info@bentleystores.co.uk or telephone 01473 310735.

Bentley Stores Management Group.

THE BENTLEY EXCHANGE

Advertise your unwanted goods or requests for items you require, for FREE, in the Bentley Exchange. This service is available to Bentley residents only, no traders. Just call or email your details to: ROBIN OWEN (contact details on Page 4)

If you use Facebook you may be interested in this:-

Bentley (In Suffolk) Community Page.

<https://www.facebook.com/groups/292599697915731/>

OTHER VILLAGE WEBSITES

Bentley Village Stores - www.bentleystores.co.uk

Bentley CEVC Primary School - www.bentley.suffolk.sch.uk

The Case is Altered - <http://www.thecasepubbentley.co.uk>

<https://www.tapatalk.com/groups/bentleyfreespeech>

BENTLEY HORTICULTURAL SOCIETY.

On 18th May 2019 we held our annual Coffee Morning and Plant Sale in the Village Hall which was very successful – as a result a cheque for £242 was sent to the appeal for The Wolverstone MacMillan Centre Appeal at Ipswich Hospital.

Our thanks to all those who made the event such a success.

On Saturday 10th August 2019 our Annual Show was held in the Village Hall. It was very well supported by members with a total of 208 entries – the Hall looked lovely.

Following is a list of cup winners:

South View Cup	(Flowers)	Sandra Ford
Mills Cup	(Plants)	Beryl Baker
Carruthers Cup	(Fuchsia-Annual competition)	Dorna Owen
Farmers Cup	(Vegetables)	John Blackmore
Jensen Cup	(Fruit)	Bob Mawkes
Booth Cup	(Floral art)	Janet Howell
James Cup	(Crafts	Angela Ross
Saward Cup	(Domestic section)	Angela Ross
Arnold Cup	(Best in Show)	Dorna Owen
Presidents Shield	(Most points gained)	Sandra Ford
Childrens entry		Olivia Ratford – Needham



On 30th August 40 members, friends and villagers enjoyed a very successful outing to the gardens at the Old Vicarage at East Ruston in Norfolk - the weather was perfect and the gardens beautiful so all was well. Thank you to all who supported the trip. More to come all being well in 2020. **(Photos on page 14).**

Dates for the Diary:

Our monthly meetings resumed on Friday 18th September when the topic was “Wild Orchids” – the speaker was Dr Martin Sandford

The meeting on Friday 18th October is “Holly Wreath making the old way” with Barry Gayton

The meetings commence at 7.30pm and are held in the Village Hall.

Non members are very welcome to come on a one off occasion on payment of £3.

Our AGM and Photographic Competition is on Friday 15th November in the Village Hall beginning at 7.30pm.

Pam Lovell

STAG BEETLE SIGHTINGS FORM 2019

A big thank you to the children of Bentley School, their parents and others for completing the 2019 Stag Beetle Sighting Form. Thanks, too, to those who contributed their Sighting information in some other way. This information has been added to the Suffolk Stag Beetle Database and in due course will be forwarded to the National Database. I hope to present details of your sightings in the next issue of The Bentley Bugle. I thank Peter Day for organising and providing the Sighting forms.

Colin Hawes (Lead for the conservation of stag beetles in Suffolk).



NOTES FROM THE CASE

Suffolk's first Co-operative Pub!

Tel. 01473 805575. www.thecasepubbentley.co.uk

<https://www.facebook.com/TheCaseBentley>

The mornings are beginning to have a slight chill to them and the nights are really drawing in now but we have some wonderful memories of a lovely summer and early autumn that have shown The Case and Bentley at its very best.

Back in August (Bank Holiday Monday) we held our first ever Bentley Bake Off and it was brilliantly supported. Our cake competition winners were, Zoe Mobley – Luscious Lemon Drizzle; Lisa Klotz – Chocolate Brownies and for the Under 16s - Skyla and Elodie for their Zebra cake. A huge thank you goes to all who entered. Also, many thanks to all those who supported our recent MacMillan coffee morning it was wonderfully attended.

Now though, the clock is ticking down towards Christmas and as always we have quite a full calendar of events to keep us all busy including the return of the builders, as repair work is scheduled to start to the roof over the bay windows at the beginning of October. We will of course be open as usual throughout the work.

As I've already mentioned Christmas once I don't think it's too early to tell you about Esther's Best Sunday Lunches in December. Throughout the month they will have a distinct Christmas feel, so why not reserve a table with family and friends and have a great early Christmas lunch! We also plan to have our annual Carol Singing on Sunday 22nd December. More information to follow soon.

The very popular Open Mic Nights will be on Tuesday 1st October and Tuesday 5th November. Music starts at around 8:30pm. Come along to perform or just to enjoy, you could be witnessing tomorrow's new stars! Contact Dave on; 07885 963 882 for more details.

Please note that our October quiz for will be held a week late due to the Bentley Fireworks The quiz will be on Saturday 2nd November, starting at 8.30pm. As always teams can be up to 6 members, entry is £2 per person. All profits from this and the raffle will be donated to our charity of the year, FIND. The November quiz will be on the Saturday 30th November as usual.

This year it has been decided to start our Games Evenings earlier. Instead of waiting until January we will be holding the first games evening on Saturday 9th November. If you have a favourite board game then bring it along, we do have quite few well known (and some not so well known) games for you to use too. These evenings will be held every second Saturday of month during the winter.

And now a request: The Case has had a very busy summer this year, especially during our mid week lunch time sessions (**Wednesdays, Thursdays and Fridays**). Jane our cook has at times been extremely busy and this has sometimes resulted in long waiting periods for our customers. To try and relieve this situation we would like to put together a group of volunteers who would be able to support Jane with food prep on very busy days. This would **not** involve bar work. On these days a member of the group would come in around 12.30 and stay until we know how many covers we're doing, this is usually between 12.45 to 1.30 pm. Ideally their support would not be required after 2.00 pm. On quiet days this would be much earlier. With a large enough group they would not need to be available every day, nor for that matter every week, only occasionally and any days where they would not be available this would be noted before hand. If you feel that you would like to know more about the role and/or are able to help, please contact me, Kate Spicer, for further details either via the pub or email me directly at savethecase.bentley@gmail.com.

Appointment System Update

The practice implemented a new appointment system on 2nd September. We held two patient engagement events in July and have been trialling the system on Tuesdays. This has enabled us to refine the new system based on patient feedback, though it will continue to evolve over the coming weeks.

Please note that there will be no pre-bookable appointments. If you need to speak to a doctor you can request that they call you the same day. If you need to be seen (about a third of all cases) the doctor will arrange for you to be seen the same day or on a future date.

Patients can request a call back from a doctor online from 7.00 am, or phone the practice or call in to request one via a receptionist. It helps if you tell the receptionist the nature of your problem as it may be more appropriate for you to speak to our pharmacy technician or another member of our clinical team. They can also inform the doctor if your need is urgent. There may also be other NHS healthcare organisations or other clinical staff who are better equipped to address your problem or answer your query.

Flu Clinics

As last year, patients over 65 will be administered a different flu vaccine to those under 65. Unfortunately, there have again been delays in manufacture which means that delivery of the under-65's vaccine is staged. This complicates the vaccination programme and we will therefore implement a similar system to last year.

We will hold a number of flu clinics and will send personalised letters to every eligible patient inviting them to attend on specific dates. These letters will be sent through September and October. Please attend on the earliest date possible when you receive a letter. Please don't attend a flu clinic if you don't receive a letter as we may not have taken delivery of the vaccine you require. If you haven't received a letter by the end of October and you are over 65 or believe you are eligible for a free vaccination because of your medical condition, then please contact the practice.

Please see our website at www.constablecountrymedicalpractice.co.uk for further details.

Training Days

Please note that the practice will be closed from 1pm on the following dates for staff training:

Wednesday 11th September

Thursday 10th October

Wednesday 6th November

On these afternoons the Capel St Mary building will be open to enable access to the pharmacy but the Practice reception will be closed. East Bergholt reception will be open. Please note that there will be no clinicians at either building after 1pm as they will be attending training off-site. Our phone lines will be closed for the afternoon. If you need medical assistance please contact 111. If your need is urgent then please dial 999 or attend your local A&E.

Pete Keeble, Practice Manager

BENTLEY FIREWORKS DISPLAY - 26TH OCTOBER

This marks the third year of the Bentley Firework display, which we hope will be as successful as previous years.

As before, we will have a BBQ, hot drinks and refreshments, and mulled wine from the witches Cauldron, plus light novelties for the children.

This year we would like to invite Bentley children to a free pumpkin with the purchase of their early bird ticket. They can be collected from outside the Bentley Community shop on Saturday 19th October between 10 and 12. It will be on a first come first served basis. We would like them to be made into lanterns which will be displayed on the night of the 26th.

Don't forget the chance for a child to start the nights festivities with the Big Red Button to light the bonfire. Please put your contact details on the child ticket stub, and we will contact the lucky winner on Friday evening.

Tickets will be on sale 3 weeks before the event and up until 5 pm on Friday 25th from Bentley Community Shop, and the Case pub. Adult early bird tickets £3.50 then £4 on the gate.

Children 5-16 years early bird tickets £2.50 and £3 on the gate.

There are a limited number of early bird tickets, so be sure to get yours in good time.

Please contact timhamstead@yahoo.co.uk if you have any firewood for the bonfire.

See you there!

CONSTABLE COUNTRY PATIENT PARTICIPATION GROUP NEWS

New appointment system

In July the PPG Vice Chair, Mike Huard and I visited the GP practice at Leiston to discuss their experience of using the call back system, which they introduced early in 2018. They told us that patient feedback had been very positive. We hope that you have the same positive experience with the new system at the Constable Country practice – but if you do have any issues please let the practice manager know using the feedback forms. Alternatively you can fill in one of the PPG comment cards or email us at constablecountryppg@gmail.com

OneLife Suffolk

At our July meeting we had a very informative talk by a representative of OneLife Suffolk. They are employed by the Public Health arm of Suffolk County Council to provide services to people across the County. Their services include help with: losing weight, becoming more fit and active, stopping smoking, providing fun physical activities for children and young people including holiday clubs and in-school activities. Leaflets are available at the surgery and you can see more information at www.onelifesuffolk.co.uk You can also contact them on 01473 718193.

Getting help to get active

Janet Lawrence from Suffolk's Active Wellbeing Service will be working at the practice every Thursday, starting in September. Any member of staff at the practice can refer a patient. The service is free and patients will meet with Janet to discuss how they can incorporate more activity in their daily routines. Please ask for more information at either surgery.

Issues with the pharmacy at the Capel Surgery

We continue to receive comments on the service at the pharmacy in Capel. As you will know it is a separate business from the Constable Country practice. We would encourage you to register any compliments or concerns you have either on the Healthwatch Suffolk website www.healthwatchsuffolk.co.uk or on one of the PPG comment cards.

Kathy Pollard, Chair, Constable Country Patient Participation Group.

Tel: 01473 311384



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- ✓ PLASTER BOARDING
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